

ENERGY OF DANCE

FOR GRADE LEVELS 1ST, 2ND, 3RD, 4TH & 6TH

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Join OZ Arts Teaching Artists in series of short, hands-on activities accessible online. Dive into poetry, visual art, music, and dance through a unique STEAM lens designed for 21st century exploration of creativity and expression.

Joi Ware

DESCRIPTION

Joi walks you through an example of choreography. No dance experience needed, these movements are suitable for any level. As you learn the steps, you'll consider the relationship between dance and energy and how science can be found in the most creative places.

DISCUSSION

- Dance uses energy to transform an idea, an emotion, or a theme to physical movement and moving images. How does this notion relate to the concept of potential and kinetic energy?
- Joi set the same choreography to two different style of music. What other piece of music would work to support the dance you learned and how would it change the energy of the dance itself?

SAMPLE TN STANDARDS

Science

PS3: Energy

Fine Arts

6.D.R1.A Describe, analyze, interpret, and discuss movement sequences and their relationships to the artistic intent.

MATERIALS

- Comfortable clothes for movement
- A space indoor or outdoor where you can move freely

